




Brinnon, July, 2010 Senior Nutrition Menu

Monday	Tuesday	Wednesday	Thursday - 1	Friday - 2
			Cook's Choice From prior approved menu	
Monday - 5	Tuesday - 6	Wednesday - 7	Thursday - 8	Friday - 9
Happy Independence Day (observed) CLOSED	Caesar Salad Spaghetti with Italian Sausage Green Beans Garlic Bread Strawberries	Green Salad Chicken Piccata Steamed Rice Steamed Broccoli Fresh Fruit Cup	Carrot Raisin Salad Meatloaf Potatoes/Gravy Mixed Veggies Custard	
Monday - 12	Tuesday - 13	Wednesday - 14	Thursday - 15	Friday - 16
	Green Salad Roast Beef Baked Potato Zucchini Ice Cream Sundae	Vegetable Soup Chef Salad Garlic Bread Strawberry Shortcake	Cook's Choice From prior approved menu	
Monday - 19	Tuesday - 20	Wednesday - 21	Thursday - 22	Friday - 23
	Green Salad French Dip Sandwich Fries Corn Cobbette Sherbet	Spinach Salad Baked Fish Potatoes Au gratin Broccoli & Cauliflower Tapioca Pudding	Tomato & Cucumber Swiss Steak Buttered Noodles Mixed Veggies Gelatin	
Monday - 26	Tuesday - 27	Wednesday - 28	Thursday - 29	Friday - 30
	Green Salad Chicken Enchiladas Spanish Rice Refried Beans Strawberries	Spinach Salad Beef Stroganoff Noodles Glazed Carrots Fresh Fruit Cup	Cook's Choice From prior approved menu	

Menu Subject to change without notice.

Reservations suggested, please call your local Senior Nutrition Site to sign up.

Suggested Voluntary Donation of between \$3.00 - \$5.00 per meal for those ages 60 and above, guests \$7.00 per person.

Milk and Whole Wheat Rolls served daily