

# REPORT TO THE COMMUNITY—2009

**OlyCAP** is one organization among 31 similar organizations in the state and more than 1000 nationwide. We have been working in Clallam and Jefferson Counties since 1966 with a single purpose—to help strengthen our community. We manage a number of federal and state programs, so we are supported, in part, by the taxes you pay. We also receive support from the community through partners, volunteers and direct financial support.

OlyCAP conducts a needs assessment every three years to learn what the community feels are important areas to work on. We identify existing programs or create new ones and we work hard to generate the supporting funding necessary to each program we operate.

I hope this report will help you understand where we spent your money—taxes or contributions—and the results we achieved in 2009 helping our neighbors on the peninsula.

Tim Hockett,  
Executive Director

## Summary

- ☑ 5,944 families helped
- ☑ 11,713 Individuals served
- ☑ 3,342 children served
- ☑ 2,635 over 55 helped

## 2009 Outcomes



- ❖ 2,020 participants completed OlyCAP-coordinated job training.
- ❖ 1,336 of our neighbors used OlyCAP to help gain access to health care in support of work.
- ❖ 290 people obtained childcare so they could work.
- ❖ 170 women received work-appropriate clothing in anticipation of interviews or the start of work.
- ❖ 114 people obtained safe, affordable housing needed to gain or retain employment.
- ❖ OlyCAP helped 48 unemployed people get jobs.
- ❖ 45 people used our transportation system on the West End to gain or maintain employment.
- ❖ We helped 12 folks complete their GED.
- ❖ 2,806 households received energy assistance payments with OlyCAP's help
- ❖ Our Heart to Hearth program coordinated the delivery of firewood to 62 households
- ❖ 48 housing units were preserved or improved by the OlyCAP weatherization and rehab team
- ❖ 490 of our neighbors participated in tax prep programs helping them identify over \$540,000 in State tax credits and other credits due them
- ❖ 22 middle school children participated in a financial literacy program offered by OlyCAP
- ❖ OlyCAP created or maintained 181 partnerships — working with others to support our community
- ❖ 67 low-income people participated in formal councils

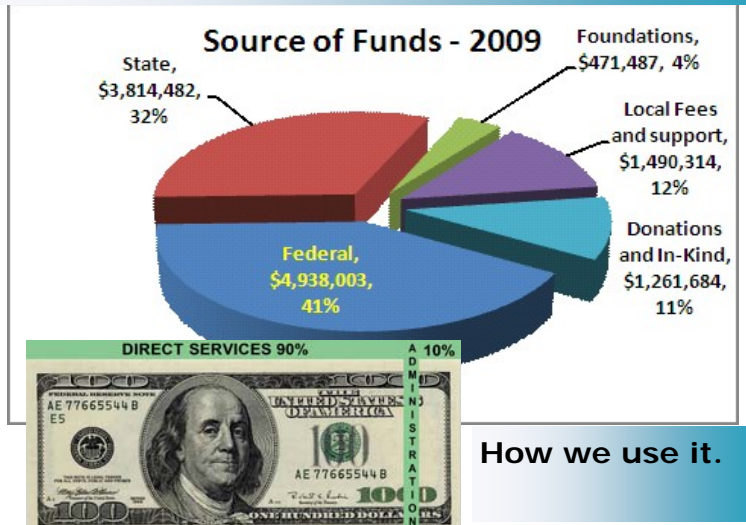


or boards, helping shape local policy

- ❖ 1,772 senior citizens and 1,001 disabled folks achieved a higher level of independence through OlyCAP programs and services.
- ❖ Our Home Care program provided 86,000 hours of service to 156 homebound seniors during 2009
- ❖ Encore! provided adult day care and respite services to nearly 50 families.
- ❖ The Senior Nutrition program provided over 94,363 meals to local seniors and children.
- ❖ 55,895 meals were served to children in our Early Childhood programs, Head Start and ECEAP



## Where the money comes from.



## How we use it.

- ❖ 10,775 individuals received emergency food through the network of food banks OlyCAP supports
- ❖ Nearly nine hundred thousand pounds of food moved through OlyCAP's Food Distribution Center to area food banks during 2009



- ❖ Our Early Childhood programs served 409 families across the peninsula
- ❖ Early Childhood exceeded 100% of their targets in insuring the children receive appropriate immunizations, adequate nutrition and school readiness skills.

- ❖ Head Start children greatly increased their proficiency on eleven indicators of language development, literacy and mathematics during the 2008-2009 school year.

- ❖ The OlyCAP Oral Health Center treated 1,922 patients who were seen in 4,794 appointments

- ❖ 1,301 persons received access to emergency medical or dental care

- ❖ OlyCAP collaborated with other local organizations to run the Port Townsend Winter Shelter providing 1,878 bed nights of warm shelter to 88 homeless people in the middle of winter

- ❖ 232 people were sheltered by OlyCAP, including 160 people comprising 34 households who went directly from homelessness into homes via OlyCAP's REACH program in Port Townsend

- ❖ OlyCAP drew upon the *Peninsula Daily News* Home Fund to assist 2,985 people and expended nearly \$200,000 locally raised from generous neighbors



- ❖ The Quilcene Community Center was remodeled and is serving record numbers of community members.



Quilcene Community Center

- ❖ 41,383 hours of service were provided to OlyCAP programs by local volunteers



- ❖ The Retired and Senior Volunteer Program (RSVP) coordinated the work of 918 volunteers at 45 community work stations and generated 64,648 hours of service.

## Community Jobs: Pathway to Independence

Emily got addicted to street drugs in Sitka, Alaska. When she realized she was in trouble, she called loved ones in Port Townsend to ask for help. She got into chemical dependency treatment and, after completing treatment, entered the Community Jobs Program at OlyCAP. She was placed at a Thrift Store, but her dream was to become a paramedic. So, while working in Port Townsend she got connected with Peninsula College, attended EMT training courses and did very well. OlyCAP helped pay for her books.

Emily began training as a firefighter. She has new friends who are sober and says that her success is everything she ever wanted. She is independent now, doing very well and has a lot of confidence in herself. Her twin girls are 10 and are happy to have mom at home. She has regained the trust of her family, and is a very proud mom.

- ❖ OlyCAP received support through local government funds in Jefferson County, Clallam County, Port Angeles and Sequim. United Good Neighbors of Jefferson County and United Way of Clallam County both supported OlyCAP. Hundreds of families and organizations donated directly to OlyCAP or one of its programs.

## “I Started Crying When She Told Me.”

Savannah is the mother of a three year old child in OlyCAP's Early Head Start program. Getting her back and forth to Head Start and herself back and forth to work was a daily challenge as she drove a vintage pick-up that too often wouldn't start.

“I work in a restaurant in Port Townsend and I'm planning to enter a nursing program at Olympic College,” she says. Transportation had been a constant struggle. Her 1976 pick-up didn't start about half the time and she lived in daily fear of not getting to work and not getting her son to and from school. Savannah was in a constant state of worry about ever being able to become self-sufficient.

When word circulated through OlyCAP's divisions that someone had donated a car that could be given to a client, Savannah was definitely interested. There were some requirements that would have to be met — most particularly, the recipient would have to carry automobile insurance. “About a month went by and I had forgotten about the car,” recalls Savannah. “Then I got a call from a Head Start teacher, saying she had some exciting news. We had been working on potty training and so I thought it was some news of success, but she just blurted out, “do you want a car?” I couldn't believe it. I was so happy I started crying and cried for almost all of the rest of the day.” Head Start Staff, helped Savannah with three month's worth of basic auto insurance (about \$150) from the Peninsula Home Fund so that she'd have enough cushion to take on the monthly cost of insurance and a few days later Savannah took possession of a 1996 Ford Contour sedan with only 49,000 miles on it. She was ecstatic and very grateful.

Now Savannah drives a reliable car — insured and fitted with a proper child seat. “When you are a single parent, trying to work and take good care of your child, it's the little things that mean so much. To not have to worry about my car breaking down is huge for me.” Savannah has her sights set on completing pre-requisites for the nursing program. She would like to thank the donor of the automobile and the community for their support.



## Eleanor Tschimperle receives 2010 Governor's Volunteer Service Award.



Eleanor was nominated for the award through OlyCAP's Retired Senior Volunteer Program (RSVP). Ralph Lovely, RSVP Clallam County Coordinator said, "We have many hard working volunteers in both Clallam and Jefferson counties, we felt Eleanor's history of service and activity deserved recognition this year."

Young in her ninth decade, Eleanor averages more than 110 hours a month as a volunteer. She is an inspiration to friends and colleagues.

# Arts & Minds

Arts and Minds is an early memory loss program offered through the *Encore!* Adult Day Care Center. The program, sponsored by the Brookdale Foundation, provides creative fitness for the brain using music, movement, art, dance, poetry, drama and storytelling to exercise the body and support cognitive abilities. The program is led by Jim Couture, Board Certified Music Therapist, and supported by staff and volunteers from the community.

Call 360-457-6801 for information.

## *Encore!* Early Memory Loss Program

# Arts & Minds

**CREATIVE FITNESS FOR THE BRAIN**  
 Music ♪ Art ♪ Movement ♪ Poetry ♪ Drama ♪ Storytelling  
**Exercise for body and mind!**  
**Thursdays 10am – 2pm**  
**310 East Lopez Ave. Port Angeles**  
**360-457-6801**



Visit us on the web...[www.olycap.org](http://www.olycap.org)



OlyCAP was organized in 1966 as the Clallam-Jefferson Community Action Council, and over forty years has evolved into a dynamic multiservice agency whose mission is to *strengthen the community by providing supportive services that help people to help themselves.* We have an integrated portfolio of programs and services that support basic needs and extend a helping hand to improve lives one individual and one family at a time. We work through advocacy, through programs and through partnerships with others to help improve our community.

## Poverty—its not a one way street.

Craig had a successful Army career. He was stationed in Germany and was even able to attend West Point for special training.

When he got out of the Army, he pursued a career in computers. As his programming skills grew, he worked first for a large company and eventually started his own business.

Craig developed and marketed popular instructional software for people to learn how to become real estate agents. During the real estate and construction boom, that was a fantastic position to be in. But, when the construction stopped and the real estate industry took a tumble, so did Craig's career. He went from making \$1700 per week to little more than nothing. Craig had operated his own business and as an officer of his own corporation, he could not even collect unemployment.



"I spent months trying to find other work, to develop other marketable software and turn things around, but my savings eventually played out and the bills began to pile up." Everything from mortgage payments to auto payments fell behind. Then there were medical expenses. Family health issues require medications that cost between \$400 and \$450 per month.

In August he took a job as a resident care assistant in a licensed care facility, making much less than he had as a computer programmer. "Sometimes you just have to take whatever work you can get," he explains, "A year ago I had five people working for me, now I make one-fifth of what I used to make."

Craig works hard all day caring for others. Then he goes home and works on his computer a few more hours each evening, hoping for a breakthrough.

In 2009, Craig received a "shut off notice" from the power company. He approached OlyCAP for help. "I met a lady named Betty at OlyCAP and she helped me with some funds from the Peninsula Home Fund," he says, referring to one of the OlyCAP volunteers trained to provide emergency assistance to people facing crisis. She helped Craig with \$150 toward his power bill from the Peninsula Home Fund. "But Betty didn't stop with that," he continues, "she explained to me that as a veteran I might be able to get some help from the local Veteran's Relief Fund. She was right. They helped pay my back fees and helped my family with money for food and medicine. I didn't even know that service was available."

"I tried very hard to pay my bills, then to restructure my finances, but when your income just stops, you wind up losing things. My truck was repossessed. Now I work hard, every day hoping to find some way to avoid foreclosure."

Craig still faces a tough road, but is not complaining about this downturn in his life. Indeed, he is both grateful and hopeful.

"This community has been fantastic and OlyCAP has the nicest people; and although it will be hard to save my home, I am eternally optimistic."

